



Mental Health Intervention Team

Who we are:

The CFISD MHIT is an interdisciplinary team of mental health professionals comprised of:



Licensed Professional Counselors

Work with emotional/behavioral issues that interfere with mental health through a therapeutic relationship.



Licensed Psychologists/LSSPs

Have backgrounds in research, program development, data-based interventions, and Special Education.



Mental Health School Resource Officers

Represent the intersection of law enforcement, mental health, and education.

What we do:

The day-to-day duties of the MHIT are wide-ranging. At any given time, you may find us doing any of the following:



Campus Response

Visiting campuses to support the needs of students and staff during and following crisis events of any scale.



Training

Providing training to staff, parents and students district-wide on topics of interest and importance to mental health.



Program Development

Researching and developing programs and procedures to ensure the district aligns with best practices in school-based mental health.



Crisis Help Line

Offering immediate support for staff working with suicide/threat risk or other campus crises.

Mental Health Awareness

Working with student groups to reduce the stigma attached to mental health concerns.



Community Networking

Connecting with community mental health providers to build a network of responsive services for district families.

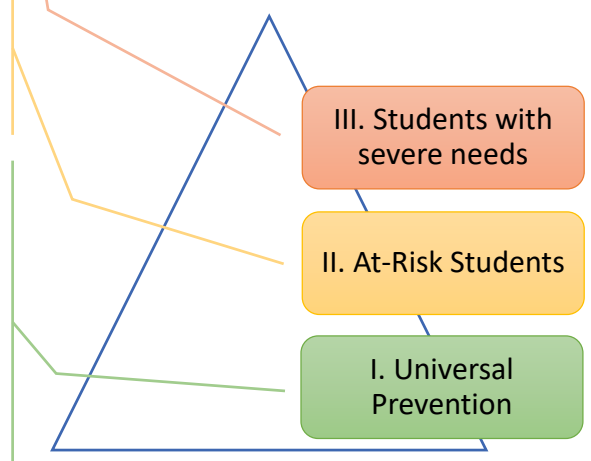
School Safety Measures

The MHIT supports safety in CFISD through programs and interventions at all levels of student need.

- Direct support to campuses during suicide/threat response
- Individualized student safety plan
- Ongoing monitoring of high-needs students
- Parent collaboration to access community services
- Support during transition from hospital
- Support during reintegration after threat removal

- *Crisis Help Line* support for campuses
- Suicide risk screening and response protocols
- Threat assessment and response protocols
- Consultation with parents and staff of at-risk students

- *Student Mental Health Alliance* groups
- Suicide risk awareness and prevention trainings
- Threat awareness and response trainings
- Mental health trainings for staff/parents/students
- Networking with community providers
- *Mental Health Minute* newsletter
- District-wide needs assessments/data collection
- Ongoing research re: evidence-based practices



Suicide and Threat Prevention

As part of CFISD's broad suicide and threat prevention programs, the MHIT has implemented district-wide assessment and response procedures.

Suicide Risk Screening

Columbia-Suicide Severity Rating Scale, Screener Version (C-SSRS)
~ Columbia Lighthouse Project ~

Threat Assessment

Comprehensive School Threat Assessment Guidelines (CSTAG)
~ Dr. Dewey Cornell ~

C-SSRS

CSTAG

Research Supported

- The most empirically-supported and widely used suicide-risk screening.
- Endorsed by CDC, NIH, SAMSHA, WHO, DoD, among many others.

- Recognized as evidence-based program (NREPP, 2013).
- Only model to show effectiveness in controlled, peer reviewed studies.

Accessible

- Readily trainable.
- Brief, straight-forward administration.
- Free to use and reproduce.

- Readily trainable.
- A flexible, efficient process.
- Free to use and reproduce.

Added Benefits

- Results of screening inform response.
- Supports consistency in decision-making and response.
- Provides for continuity of care with community health collaborators.

- Shown to reduce disproportionality in discipline.
- Reduces errors of over/under response.
- Helps teams concentrate efforts on a small number of serious threats.