

# TRAUMA RESOURCES ON THE WEB

## GENERAL RESOURCES

National Child Traumatic Stress Network

<http://www.nctsn.org/>

National Center for PTSD

[https://www.ptsd.va.gov/PTSD/professional/treatment/children/ptsd\\_in\\_children\\_and\\_adolescents\\_overview\\_for\\_professionals.asp](https://www.ptsd.va.gov/PTSD/professional/treatment/children/ptsd_in_children_and_adolescents_overview_for_professionals.asp)

Trauma-Sensitive Schools: Helping Traumatized Children Learn (MA)

<https://traumasensitiveschools.org/>

Trauma-Sensitive Schools (free) online learning modules (WI)

[https://dpi.wi.gov/sspw/mental-health/trauma/modules\\_WI\\_free](https://dpi.wi.gov/sspw/mental-health/trauma/modules_WI_free)

Harvard Center on the Developing Child: Toxic Stress

<https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>

Children's Advocacy Center: Understanding Children's Sexual Behaviors

[http://www.suffolkcac.org/assets/pdf/Understanding\\_Childrens\\_Sexual\\_Behavior\\_Brochure.pdf](http://www.suffolkcac.org/assets/pdf/Understanding_Childrens_Sexual_Behavior_Brochure.pdf)

Guidance on Assessing Complex Trauma (including list of measures)

<https://www.nctsn.org/what-is-child-trauma/trauma-types/complex-trauma/screening-and-assessment>

Adverse Childhood Experiences (ACES)

<https://www.cdc.gov/violenceprevention/acestudy/index.html>

<https://acestoohigh.com/>

## CLASSROOM STRATEGIES/ FOR EDUCATORS

National Child Traumatic Stress Network (NCTSN) Educator Toolkit

<http://www.nctsn.org/resources/audiences/school-personnel/trauma-toolkit>

NCTSN What Is Complex Trauma? A Resource Guide for Youth and Those Who Care About Them (impact, coping, strategies worksheets) <https://www.nctsn.org/sites/default/files/resources/> and [what is complex trauma for youth.pdf](#)

Students First Project Fact Sheet for Teachers

<http://studentsfirstproject.org/wp-content/uploads/Quick-Fact-Sheet-Trauma-Strategies-for-teachers-2.24.14.pdf>

Guidelines for Handling Disclosures of Child Sexual Abuse (for educators)

<http://recapp.etr.org/recapp/index.cfm?fuseaction=pages.EducatorSkillsDetail&PageID=81>

## TRAUMA-SPECIFIC INTERVENTIONS

Attachment, Regulation, and Competency (ARC) framework <http://arcframework.org/what-is-arc/> (w/online community) and

<http://www.traumacenter.org/research/ascot.php>

Head Start Trauma Smart (KS) <http://traumasmart.org/>

Trauma-Focused CBT 2.0 (Web-based learning course) <https://tfcbt2.musc.edu/>

Cognitive Behavioral Intervention for Trauma in Schools (CBITS) program <https://cbitsprogram.org/>

Support for Students Exposed to Trauma (SSET) <http://ssetprogram.org/>

Integrative Treatment of Complex Trauma for Adolescents (ITCT-A) <http://cblanktree.com/book.htm>

California Evidence-Based Clearinghouse for Child Welfare (search interventions) <http://www.cebc4cw.org/>

## **IF YOU SUSPECT MALTREATMENT:**

If the child is in immediate danger, first call 911 or the local police.

Then call the Texas Abuse Hotline to make a report: **1 (800) 252 – 5400**

For non-urgent situations, you can make a report online: [www.txabusehotline.org](http://www.txabusehotline.org)