



# Early Intervention Imperative: An Innovative Framework for ASD Assessment

#### Presenters



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Ashley Arnold is an assessment consultant with Western Psychological Services, and Molly Ware is an assessment consultant with Hogrefe Publishing. As salaried employees we have no additional relevant financial interests or conflicts of interest related to this presentation.

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# Learning Objectives

- List the benefits and shortcomings of current multidisciplinary evaluation models in preschool ASD assessment.
- Explain how females may exhibit challenges in sociocognitive development differently than males using examples from case studies and discussion.
- Describe how ESB and MIGDAS-2 can help promote earlier identification of ASD across genders using a neurodiversity-affirming practice.













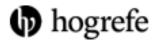
# Agenda

- I. Identifying ASD
- II. Gender Disparities in ASD Identification
- III. School-Based ASD Evaluations
- III. Introduction to the ESB
- IV. Introduction to MIGDAS-2
- V. Integrating Results
- I. Conclusions











Understanding ASD

# First Things First

- Autism is complex, but comprehensive evaluations and intervention plans can simplify life for individuals with autism spectrum disorder (ASD)
- Assessment and diagnosis are only of value when they provide access to appropriate intervention and educational services
- Professionals must also determine whether ASD has been overlooked or misclassified







# Neurological Differences

- Neuroimaging studies show differences in brain connectivity and structure between males and females with ASD (Lai et al., 2013)
  - More neurotypical patterns are demonstrated in females, which may explain social functioning
  - More pronounced differences in males may relate to social communication and restricted interests
- Implications
  - Subtle differences in brain structure may explain why ASD is more challenging to detect in females





# Understanding the Discrepancy

- Girls may camouflage their autism characteristics
  - Demonstrate stronger social motivation and social coping strategies
  - Elementary school staff are less likely to recognize autism characteristics in girls
  - Assessment practices and instruments may be less sensitive to autism presentation
- Consequently, girls are more likely to be identified later in life



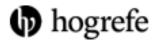


#### Sociocultural Factors

- Social expectations
  - Girls are often socialized to be more nurturing, emotionally expressive and socially attentive which can contribute to masking (Hiller et al., 2014)
- Pressure to conform
  - Girls may develop strong coping mechanisms to fit into social expectations contributing to under-identification
- Cultural perceptions
  - In some cultural groups, expectations for gender roles may further obscure ASD traits in females, as they are expected to be more socially engaged and compliant than males









**School-Based Evaluations** 

# IDEA (2004)

- IDEA (2004) 300.8.(c)(1)(i) defines autism as a
- Developmental disability that:
  - Significantly impacts verbal and nonverbal communication and social interaction
  - Is generally evident before age 3
  - Has an adverse impact on education
- Other characteristics often associated with autism:
  - Engagement in repetitive activities and stereotyped movements
  - Resistance to environmental change or change in daily routines
  - Unusual responses to sensory experiences





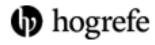
# IDEA (2004) (cont.)

- Can be identified after age 3
- Pervasive developmental disorders are included
- Autism does not apply if emotional disturbance (ED) is primary











Multidisciplinary Team (MDT) Evaluation

#### **Best Practices: MDT Evaluation**

- 1. Team meets and reviews existing data to determine scope of the evaluation and plan the assessments.
- Team conducts assessments; conducts midassessment staffing.
- Team generates integrated report.
- Team meets with parent to review the evaluation; provide a draft copy review prior to eligibility summary.

- 5. Team reviews evaluation data with school personnel prior to eligibility meeting.
- Team participates in eligibility meeting and individualized education plan (IEP) development.
- 7. Team attends IEP to present results and assist in determining the educational program.





#### MDT Evaluation: 5-Phase Process

- Phase I: Team planning/coordination
- Phase II: Evaluation planning
- Phase III: Evaluation/testing
  - a: Collecting the data/information
  - b: Analyzing the data/information
- Phase IV: Report writing/integration of data
- Phase V: Recommendations & IEP development
  - a: Recommendations
  - b: IEP development





# Early Intervention Imperative

- Enhanced outcomes with early intervention
  - Research shows early intervention is linked to significant improvements in communication, social, and adaptive skills for children with ASD (Smith et al., 2023)
- Critical period for brain development
  - Early childhood represents a critical window where interventions can have the greatest impact on neural pathways (Johnson et al., 2022)
- Improved family support and education
  - Early identification enables greater access to resources, training and support thus reducing stress and empowering caregivers (Lee et al., 2022)
  - Enhanced school readiness
  - Intervention in early childhood improves school readiness, promoting successful integration, and reducing the need for more intensive support later (Nguyen & Chen, 2023)





# Challenges School-Based Teams Face

- Limited resources, staffing shortages, and time constraints
- Fewer assessment instruments
- Variability in ASD symptom presentation in early childhood
  - Symptoms can vary greatly across age, gender, and cultural backgrounds
- Subtle or overlapping symptoms
  - There may be slight social or communication difficulties which resemble other conditions, leading to misidentification
- Gender discrepancies
  - Symptom presentation may present differently in girls, often with more subtle challenges often overlooked by standardized assessments focused on more obvious symptoms





# Challenges Early Childhood Teams Face

- Variability in developmental milestone achievement
  - Children develop at different rates which may mask social or communication delays
- Limited communication abilities
  - Young children may have still developing verbal and nonverbal skills making it challenging to assess social communication
- Reliance on parent reports
- Pressures to identify children early and quickly may lend itself to evaluations without sufficient information
- Early childhood teams are often the first exposure that families have to the assessment and special education process; these initial interactions lay the foundation for the future





# Strategies for Overcoming Challenges

- Employ a multi-instrument approach to assess diverse behaviors and settings
- Advocate for and engage in professional development on ASD identification and gender differences
- Engage in collaboration with families, school staff, and other specialists for comprehensive perspectives
- Make test selections carefully
  - Ensure relevance and appropriateness to the case.
  - Address the referral questions you want to answer
  - Check that data obtained is consistent with evaluation goals
- Remember: Assessment and diagnosis are only of value when they provide access to delivery of appropriate intervention and educational services





## How Do You Assess for ASD?





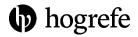




# The Early Sociocognitive Battery (ESB)

Authored by: Penny Roy, Shula Chiat, and Jennifer Warwick





#### Rationale for the ESB

Communication

Symbolic Comprehension

Joint Attention

Social Responsiveness





#### Rationale for the ESB

Of the children who scored "Low" on the ESB, when followed up with 7-8 years later, 89% of them were either diagnosed with ASD or had social communication difficulties as reported by their parent/guardian.







## Sociocognitive Skills Measured in the ESB











#### What Is the ESB?

#### A quick, standardized, and direct assessment that:

- comes in a suitcase with manipulatives organized by subtest into colored bags
- is untimed, but takes about 15 minutes to administer
- is for children ages 1:6-4:11
- evaluates developing social communication skills
- confirms concerns about social differences or helps to rule out concerns about foundational social skills
- is predictive of social communication differences noted in children with autism spectrum disorder (ASD)







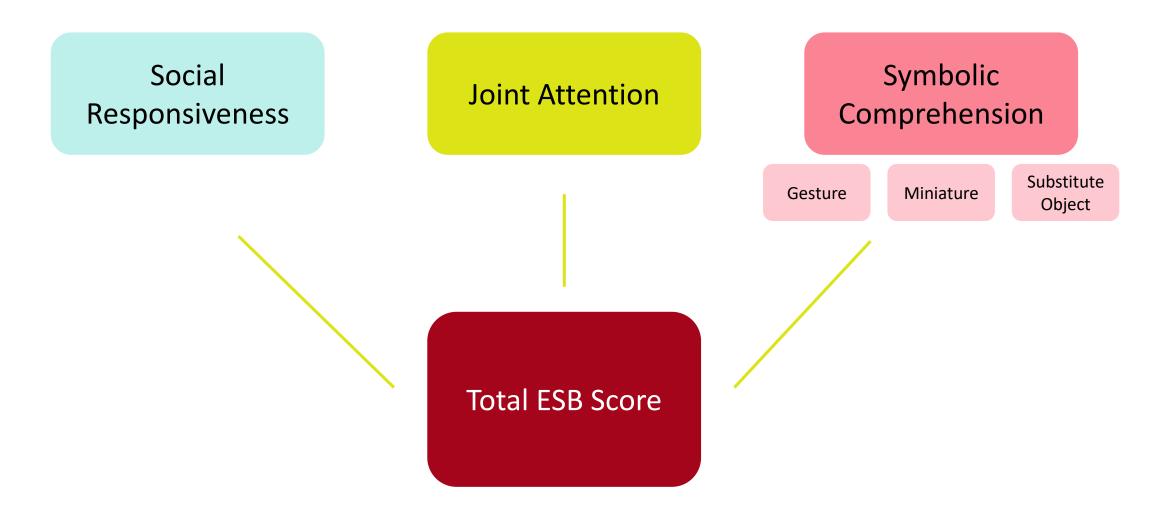
## Why Choose the ESB?

- Systematic
- Standardized
- Reliable and valid
- Direct assessment
- Quick (~15 minutes)
- Culturally and linguistically neutral
- Requires no speaking on the child's part
- Provides opportunity to discuss strengths
- Paired with other pieces of information, can help with decision-making in the moment





## Design of the ESB







## Social Responsiveness





This subtest assesses children's responses to a range of feelings expressed by an adult

Through play, the examiner presents an exaggerated expression of an emotion (e.g., frustration, hurt, fear, etc.) with no vocalization





## Social Responsiveness – Scoring

The child is scored based on their nonverbal response to the emotion.

#### For example:

- A look to the practitioner that lasts at least two seconds immediately after the practitioner expressed the emotion earns 2 points
- A brief or fleeting look to the practitioner immediately after the emotion is expressed earns 1 point and
- No look to the practitioner earns 0 points

	2	1	0
1. HURT (Peg set and two hammers)			
"Look, I found a hammer and peg set. Oh, look, there is another hammer for you. Let's do some			
hammering together."			
"Ow!"			
"I hurt my finger. I'm going to stop hammering now."			





### Interpretation of Social Responsiveness



#### **Low** Social Responsiveness Score:

- Limited interest in others
- Difficulty noticing nonverbal cues
- Children with ASD tend to ignore, or not notice expressions of negative affect and spend more time looking at toys (Sigman et al 1992, Swettenham et al 1998)
- Relative weakness in social engagement that might affect the child's understanding and participation in communication exchanges

#### Average Social Responsiveness Score:

- —Well-developed interest and engagement with others
- Notice nonverbal cues
- Strong base for establishing a shared focus and eventually shared meaning





#### Joint Attention



This subtest assesses children's capacity to share interest in an object with an adult



Responsiveness to bids for joint attention is critical for the development of language and communication. In the case of the Joint Attention subtest, the practitioner initiates engagement, which lends itself to systematic measurement of the child's response





## Joint Attention – Scoring

#### Score is based on two factors:

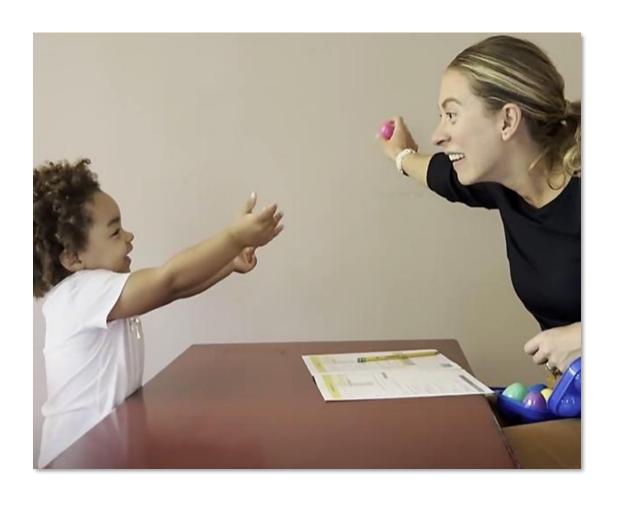
- Gaze Switch: Either child looks from egg to adult while adult is shaking egg (i.e., before opening egg)
  or child looks from toy to adult after the egg has been opened
- Gaze Monitoring: Child follows adult's gaze switch with verbal statement only, or the child follows
  adult's point with repeated verbal statement

	Gaze Switch	Gaze Monitoring			Gaze Monitoring	
	Either before <i>or</i> after opening the egg	After examiner's gaze + statement	After examiner's point + statement			
	Score = 1	Score = 2	Score = 1			
Person						
Tiger						





#### Interpretation of Joint Attention



#### **Low** Joint Attention Score:

- Limited interest in others
- Difficulty sharing in engagement with others
- Relative weakness in reciprocal social engagement that might affect the child's understanding and participation in communication exchanges

#### **Average** Joint Attention Score:

- Strong base for establishing a shared focus leading to shared meaning
- —The ability to realize that the speaker is using words to convey a specific message and can identify where the speaker's attention is directed in order to grasp that message





## Symbolic Comprehension





This subtest assesses children's understanding of the meaning of symbols (e.g., gestures) used by an adult





#### Symbolic Comprehension

The examiner presents an object or an action

The child demonstrates understanding of symbols by selecting the target/correct object from a choice of six objects and placing it down the chute







### Symbolic Comprehension – Scoring

Symbolic Comprehension is unique in that it includes a Practice task, and then three additional tasks:

- Gesture
- Miniature
- Substitute Object

- Scoring most straightforward for the tasks within this subtest
- Child receives 1 point for the correct selection of an object
- Fabric chute is used to engage the child in selecting their object

Score	1	0
1. <b>Toothbrush</b> : Pretend to brush teeth using index finger		







#### Interpretation of Symbolic Comprehension



#### **Low** Symbolic Comprehension Score:

- Difficulty understanding communication intentions
- May represent cognitive difficulties in recognizing what symbols signify

#### **Average** Symbolic Comprehension Score:

- Knows what someone is telling them using gestures and objects rather than words
- Shows potential for the ability to infer intentions and meanings behind actions and words





#### Guidance for Interpretation

#### **Total ESB Score**

• Children who score in the Low category (more than 2 SDs below the mean) are at risk for later diagnosis of ASD or social communication disorders

#### **Subtest Scores**

- Low scores on at least two subtests are also indicative of significant sociocognitive deficits
- Most children's performance is consistent across three subtests; however, discrepancies do exist and should be examined to understand strengths and weaknesses

#### SUBTEST RAW SCORE CONVERSIONS

Subtest	Raw Score	Scaled Score	Percentile
Social Responsiveness			
Joint Attention			
Symbolic Comprehension			





#### Scoring the ESB

When it comes to interpretation of ESB performance, we rely on two types of scores:

#### **Cut-off scores**

- Identify "low" performance on the ESB
- Indicative of high risk for later social communication difficulties and autism spectrum disorder
- Useful for immediate feedback as a part of the assessment process

#### Normative scores

- Relate to scaled and standard scores
- Enable a clinician to create a profile of ESB performance
- Important to identify an individual child's needs and to guide intervention

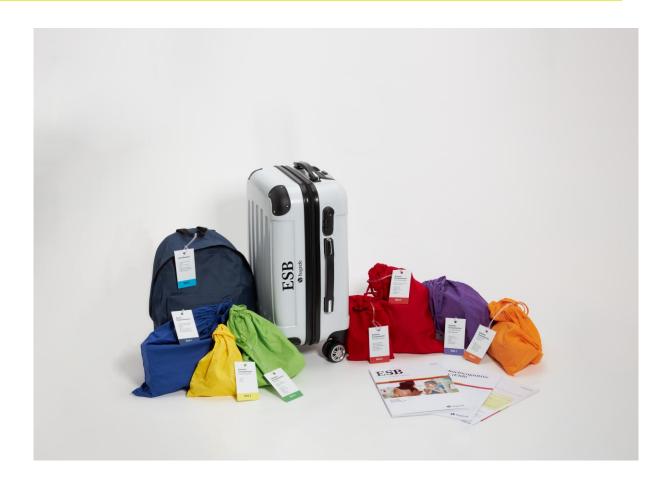




#### Using Multiple Sources of Information

While the ESB is an evidence-based data source for understanding a child's social communication skills it is one source of data in what is to be a multi-modal assessment

We know that research tells us that using multiple pieces of data to inform decision-making is best practices







#### Using Multiple Sources of Information (cont.)

The use of multiple instruments and data sources supports a holistic perspective; providing a well-rounded understanding of the individual.

Using varied instruments reduces the risk of misidentification by cross-validating findings from different sources and methods.

ASD symptoms vary widely across individuals. The use of multiple tools helps capture this diversity; particularly for subtle or atypical presentations.

The MIGDAS-2 is a complement to the ESB as a qualitative, clinical interview. Used together these tools minimize bias by reliance on any single measure or observer, leading to a more objective identification with more support for evidence-based decision making.





# MGDAS-2

Monteiro Interview Guidelines for Diagnosing the Autism Spectrum Second Edition

A Sensory-Based Approach

Marilyn J. Monteiro, PhD Sheri Stegall, PhD

#### MIGDAS-2 Provides Solutions

- Utilizes structured but conversational interview protocols
- Sensory-based diagnostic interview elicits patterns of distinctive behavioral differences to assist with case conceptualization
- Yields positive, descriptive language emphasizing areas of strength and differences that make up the autism spectrum brain style profile across age and ability levels
- Enables evaluators to discuss global criteria in a highly individualized way





#### **MIGDAS-2** Provides Solutions

 Adds to and enhances the use of standardized evaluation measures, like the ESB, and other behavior rating scales and direct assessment measures













## **Key Features of MIGDAS-2**

- Interactive interview techniques
- Parent/caregiver and teacher participation
- Comprehensive qualitative information
- Sensory-based approach







### MIGDAS-2: Five-Step Assessment Process

- Preparing for the diagnostic assessment
- Completing the Parent/Caregiver and Teacher Questionnaires
- Conducting the diagnostic interview
- Formulating diagnostic impressions and educational/intervention recommendations
- Providing diagnostic feedback and writing the narrative evaluation report





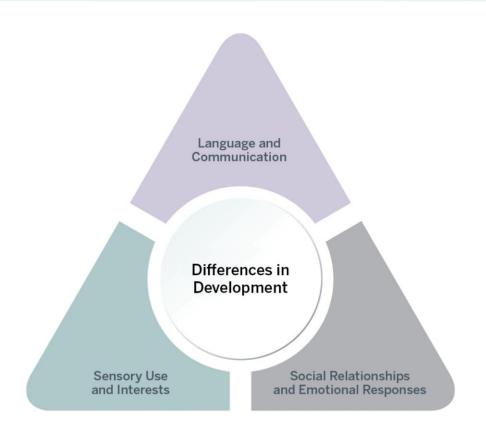
## MIGDAS-2 Components

- Manual
- Five evaluation protocols
  - Parent/Caregiver Questionnaire
  - Teacher Questionnaire
  - Diagnostic Interview for Individuals With Limited to No Verbal Fluency
  - Diagnostic Interview for Children and Adolescents With Verbal Fluency
  - Diagnostic Interview for Adults With Verbal Fluency





## The Visual Framework for Autism Spectrum Disorder







## The Descriptive Triangle

- Shapes your language and interview process so you:
  - Understand the autism worldview
  - Take the perspective of the individual being evaluated
  - Describe behavior patterns instead of using labels
  - Start with strengths and then describe differences
  - Link the individual's behavior profile with practical interventions and educational supports





## MIGDAS-2

Questionnaires

#### MIGDAS-2 Questionnaires

- Each questionnaire provides structured prompts so that parents, caregivers, and teachers can provide descriptive details regarding the individual
- The key features of the autism spectrum brain style are included in the structured prompts and questions
- Prompts include asking about interests and abilities, three qualities that best describe the individual, and what the parent, caregiver, or teacher hopes to gain from the evaluation process





## Parent/Caregiver Questionnaire

- Concerns
- Relationships
- Activities and interests
- Sensory behaviors
- Emotions
- Medications

- Developmental milestones
- School experience
- Current understanding of ASD
- History (family and evaluation)





#### Teacher Questionnaire

- Concerns
- Organizational skills
- Relationships (peers and adults)
- Communication style
- Preoccupations/skills/interests
- Sensory behaviors

- Academic abilities
- Behaviors during unstructured times
- Emotional qualities





## MIGDAS-2

Diagnostic Interview

## MIGDAS-2 Diagnostic Interview

- The cornerstone of the MIGDAS-2 assessment process covers 3 key areas of development affected in ASD:
  - Sensory Use and Interests
  - Language and Communication
  - Social Relationships and Emotional Responses
- Dynamic interview focusing on individual's areas of interest
- Uses sensory-based toys and materials (not included in the kit)





- Helps guide evaluators to gather individualized behavior profiles that capture the sensory-based differences that are an integral part of the autism spectrum brain style
- Provides descriptive language designed to help evaluators recognize patterns of autism spectrum differences, contrasting these behavior patterns with those of their neurotypical counterparts
- Provides positive descriptive language to help evaluators describe the individual's autism spectrum differences in terms of areas of strength and differences





- Each protocol guides evaluators through the process of structuring a sensorybased interview, using topics of preferred interest and sensory materials
- The sensory interview begins with prompts for the individual to discuss topics
  of preferred interest and to manipulate sensory materials that provide visual,
  tactile, and auditory input (Sensory Entry Point)
- Social and emotional topics and interactions are then prompted by the evaluator
- Physical movement activities are included for children and adolescents being evaluated





 The sensory-based approach guides evaluators to elicit behavior samples by using the entry point of preferred topics and materials containing interesting and novel sensory properties for the individual to explore







- The structure of encouraging individuals to explore areas of preferred interest and novel sensory materials provides a rich and authentic behavior sample in a systematic way
- This profile of behaviors is difficult to obtain through the examiner-driven tasks and routines that are inherent in standardized assessments
- The MIGDAS-2 Sensory-Based Diagnostic Interview is ideally suited to use prior to the administration of formal measures like the ADOS-2 modules, and it elicits a detailed sensory profile that is not generally elicited through ADOS-2 module tasks





- The use of positive, descriptive language guides evaluators to individualize their diagnostic results using terminology that is readily accessible by parents and teachers
- The emphasis on describing the individual's behavior profile in terms of areas of strength and differences leads to a better understanding of the individual and links effectively to recommend interventions





### DI for Individuals with Limited to No Verbal Fluency

#### **Sensory Use and Interests**

- Visual/movement properties
- Auditory properties
- Tactile properties
- Preferred interests
- Body movements/mannerisms

#### **Language and Communication**

- Vocalizations
- Emerging language
- Nonverbal communication





## Limited to No Verbal Fluency (cont.)

#### **Social Relationships and Emotional Responses**

- Eye contact/gaze
- Facial expressions and quality of emotional responses
- Anxiety/agitation level
- Shared enjoyment and joint attention





## DI for Children and Adolescents with Verbal Fluency

#### **Sensory Use and Interests**

- Visual/movement properties
- Auditory properties
- Tactile properties
- Preferred topics
- Body movements/mannerisms

#### **Language and Communication**

- Intonation/inflection
- Content of preferred topics
- Quality, clarity and relevant of speech
- Reciprocity
- Idioms/colloquial expressions
- Jokes/riddles





## Children and Adolescents w/ Verbal Fluency (cont.)

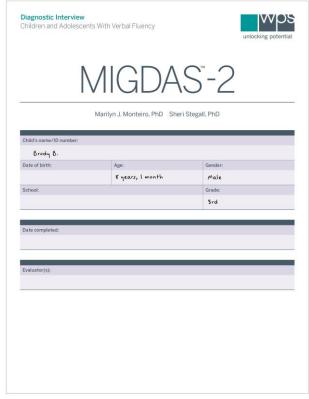
#### **Social Relationships and Emotional Responses**

- Eye contact/gaze
- Facial expressions and quality of emotional responses
- Perception of self to others
- Anxiety/agitation level
- Self-awareness of anger/agitation triggers
- Feelings, wishes, self-description and school changes





## MIGDAS-2: Diagnostic Interview



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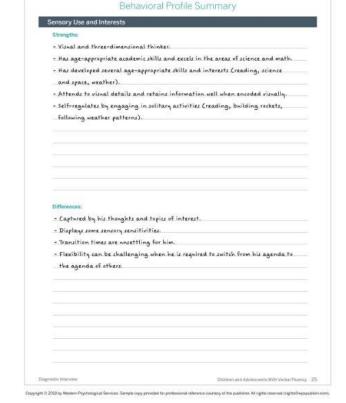


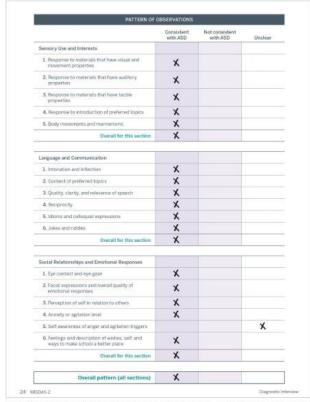




## Diagnostic Interview Examples (cont.)







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## MIGDAS-2

**Using Sensory Materials** 

## MIGDAS-2: Sensory Materials Categories



#### **Categories**

- VisualAuditory
- TactileMovement

See Handout: Examples of Sensory-Based Materials







## MIGDAS-2: Sensory Entry Point

- Begin interview with 1 or 2 toys on table where the child can readily observe them
- Limit verbal language and social expressions at start of session
  - Engagement with evaluator may be enhanced when the child associates the adult with sensory-based enjoyable materials instead of stressful linguistic and social demands
- Suggestions for sensory materials: spinning light up toys, wind-up toys, causeand-effect toys, noisemakers, tactile materials, and inset puzzles





## Using Sensory Materials (cont.)

- Preferred topics are often integrated into the use of the sensory materials (e.g., creating a preferred cartoon character/object out of the materials)
- Sensory materials containing movement properties, tactile properties, and visual properties elicit the object-focused sensory routines in the ASD brain style
- Having multiple sensory items provides opportunities to observe the drive to create systematic routines and to categorize objects
- The sensory-based approach guides evaluators to elicit behavior samples by using the entry point of preferred topics and materials containing interesting and novel sensory properties for the individual to explore





# Using Sensory Materials (cont.)

- Across age and ability levels, when provided with multiples of sensory objects, individuals on the autism spectrum engage in systematic, repetitive routines
- These sensory-based, object-focused routines are not evident in interactions between evaluators and individuals who do not have autism spectrum brain style differences
- The contrast between object-focused interactions and social interactions becomes readily apparent





# Integrating Results

## Examining a Case Study

Olivia: 3 years, 3 months

## Background:

- delayed language skills
- referred for concerns about her social engagement and communication skills
- parents report concerns about her not responding to her own name and not doing the same things as same-age peers
- often vocalizations are just repetitions of what others say, songs, or phrases from her favorite shows







# Social Responsiveness Administration (cont.)

	2	1	0
1. HURT (Peg set and two hammers)			
"Look, I found a hammer and peg set. Oh, look, there is another hammer for you. Let's do some			
hammering together."		X	
"Ow!"			
"I hurt my finger. I'm going to stop hammering now."			
2. SURPRISE (Diaper)			
"OK, let's see what other toys we can find in the bag."			
"What's this? It's a diaper. That's not a toy!"		X	
"Let's see what else is inside our bag of toys."			
3. FRUSTRATION/ANGER (Flashlight)			
"Ooh, look it's a flashlight, it lights up. Let's turn it on."			
"Ohit's not working. It doesn't have any batteries."			X
"Let's see what else is inside our bag."			
4. FEAR (Gift box and spider)			
"Ooh, a present. I wonder what's inside. Let's open it and see."			
"Aaaagh, it's a spiderl don't like spiders!"		X	
"Oh, phew, it's only a pretend spider."			
5. DISTRACTION (Toy cell phone)			
"What is that noise!"			
"Oh, it's my phone! I don't know who that is."	X		
"Let's turn it off."			
6. ACHIEVEMENT (5 wooden blocks)			
"OK, there is another toy in this bag for us to play with. Let's see what it is."		V	
"Let's see if you can build a big tower."		X	
"Wow!"			
TOTAL SOCIAL RESPONSIVENESS SCORE	6	/12	





# Joint Attention Administration (cont.)

	Gaze Switch	Gaze Monitoring	
	Either before <i>or</i> after opening the egg	After examiner's gaze + statement	After examiner's point + statement
	Score = 1	Score = 2	Score = 1
Person	Χ		X
Tiger			X
Hat	X	X	
Ring	Χ	Χ	
Backpack		X	
Candle	Χ	Χ	
SUB-TOTAL SCORES	4 /6	4 /6 6 /12	
TOTAL JOINT ATTENTION SCORE	14 /18		





## Symbolic Comprehension Administration (cont).

	Miniature   Bags 5 & 6		
	Score	1	0
Score	1. Teddy		X
1. Toothbrush: Pretend to brush teeth us	2. Brush		X
2. Comb: Use hand as if holding comb and	3. Book		X
3. <b>Hammer</b> : Use hand as if holding a ham	4. Shoe	X	
4. Baby's bottle: Use hand as if holding b	5. Spoon		X
5. <b>Sock</b> : Use hands as if pulling sock onto	6. <b>T-shirt</b>	X	
6. Scissors: Use first and second fingers	TOTAL MINIATURE SCORE	2 /6	3
TOTAL GESTURE SCORE		4 /6	





## Olivia's Raw Scores

Subtest	Raw Score
Social Responsiveness	6
Joint Attention	14
Symbolic Comprehension	6

	Raw Score	
Total ESB Score	26	





Using the Record Form, Raw Scores can be converted to Score Bands for immediate feedback.

## Social Responsiveness

#### Once completed:

- · Circle child's age group
- · Circle the Score Band that includes the child's score
- . Mark the relevant Score Band in the box on the front page

Age Group	Low	Borderline	Normal
1:6-1:11	0-3	4	5-12
2:0-2:5	0-5	6	7-12
2:6-2:11	0-7	8	9-12
3:0-3:5	0-8	9	10-12
3:6-3:11	0-8	9	10-12
4:0-4:11	0-8	9	10-12

#### Joint Attention

#### Once completed:

- Circle child's age group
- · Circle the Score Band that includes the child's score
- . Mark the relevant Score Band in the box on the front page

Age Group	Low	Borderline	Normal
1:6-1:11	0-5	6	7-18
2:0-2:5	0-8	9	10-18
2:6-2:11	0-9	10	11-18
3:0-3:5	0-10	11	12-18
3:6-3:11	0-11	12	13-18
4:0-4:11	0-12	13	14-18





Using the Record Form, Raw Scores can be converted to Score Bands for immediate feedback.

## Symbolic Comprehension

#### Once completed:

- · Circle child's age group
- . Circle the Score Band that includes the child's score
- . Mark the relevant Score Band in the box on the front page

Age Group	Low	Borderline	Normal
1:6-1:11	0	0	1-18
2:0-2:5	0	1-2	3-18
2:6-2:11	0-5	6	7-18
3:0-3:5	0-7	8-9	10-18
3:6-3:11	0-9	10	11-18
4:0-4:11	0-11	12	13-18

#### Total ESB Score

#### Once completed:

- · Circle child's age group
- · Circle the Score Band that includes the child's total score
- · Mark the relevant Score Band in the box on the front page

Age Group	Low	Above the Cut-Off
1:6-1:11	0-8	9-48
2:0-2:5	0-13	14-48
2:6-2:11	0-23	24-48
3:0-3:5	0-28	29-48
3:6-3:11	0-30	31-48
4:0-4:11	0-34	35-48





These results can then be entered into the summary table on the cover page of the Record Form.

#### SUMMARY OF RESULTS

Mark the box with the child's Score Category for each ESB subtest and Total ESB Score:

	Low	Borderline	Normal
Social Responsiveness	X		
Joint Attention			X
Symbolic Comprehension	X		

	Low	Above the Cut-Off
Total ESB Score	X	

**Remember:** A Low Total ESB score and/or Low scores on at least 2 subtests are indicative of risk of long-term social communication difficulties and ASD.





Converting Raw Scores to Scaled and Standard Scores allow for a more nuanced profiling of her performance.

#### SUBTEST RAW SCORE CONVERSIONS

Subtest	Raw Score	Scaled Score	Percentile
Social Responsiveness	6	2	1
Joint Attention	14	9	37
Symbolic Comprehension	6	4	3

#### TOTAL RAW SCORE CONVERSIONS

Total ESB Score	Raw Score	Standard Score	95% CI	Percentile
	26	60		0.4





A visual profile of results can be made by plotting her standard and scaled scores on the profile figure.

Olivia's Low Total ESB, Social Responsiveness, and Symbolic Comprehension scores indicated she was at significant risk of social communication difficulties.

Her Joint Attention score in the Normal Range can be used during intervention to help grow the other areas of need.

		Subtest Scores			Total ESB Score	
Deviation From the Mean	Scaled Score	Social Responsiveness	Joint Attention	Symbolic Comprehension	Standard Score	Total ESB Score
	20				150	
+3SD	19				145	
	18				140	
	17		•		135	
+2SD	16				130	
	15				125	
	14				120	
+1SD	13				115	
	12				110	
	11				105	
Mean	10				100	
	9		Х		95	
	8		/.		90	
-1SD	7		/ · \		85	
	6				80	
	5	. /			75	
-2SD	4	. /		Χ	70	•
	3	•/			65	
	2	X			60	Χ
-3SD	1				55	
	0				50	





## Integrating the ESB with the MIGDAS-2

- The MIGDAS-2 administration can be described across its three sections: Sensory Use and Interests; Language and Communication; and Social Relationships and Emotional Responses.
- ESB tasks of *Social Responsiveness, Joint Attention* and *Symbolic Comprehension* easily coincide with MIGDAS-2 areas and can be described together or separately with a summary statement integrating results.
- Note that MIGDAS-2 diagnostic impressions can be made based on multiple sources of data, meaning that the child's performance on the ESB can be considered when making conclusions on the MIGDAS-2.







# MIGDAS-2 Case Study: Olivia

## **Sensory Use and Interests**

- Strengths
  - Preferred interest: Gabby's Dollhouse
  - Uses sensory materials to organize and regulate the social environment
- Differences
  - Shows some sensitivity and aversion to loud noises and tactile experiences/textures
  - Ignores social partners when shifting from their agenda to that of others
  - Engages in repetitive sensory-based behaviors (e.g., hand flapping when excited or anticipating the introduction of a new object)





## MIGDAS-2 Case Study (cont.)

## **Language and Communication**

- Strengths
  - Instrumental vocalizations
  - Signs of emerging language when paired with visual contextual cues
- Differences
  - Responds best to visual prompts paired with verbal labeling
  - Communication attempts are object-dependent and self-initiated





## MIGDAS-2 Case Study (cont.)

## **Social Relationships and Emotional Responses**

- Strengths
  - Uses eye contact to organize social and environmental demands
  - Evidence of shared enjoyment
  - Emerging range of emotions
- Differences
  - Ambivalent to exaggerated expressions
  - Shows limited understanding of and response to social overtures
  - Not yet developed the ability to describe herself, her emotions, nor the perspective of other people





## MIGDAS-2 Case Study: Interventions

- Communication supports: visual prompts paired with verbal labeling
- Social skills supports: gain attention before prompting/eliciting engagement
- Organizational supports: reduce unnecessary visual distractions, when possible
- Sensory/Self-regulation supports: incorporate play and movement
- Home supports: create a visual schedule; read books and tell social stories in person





# Conclusions

## Diagnostic Best Practices

- Comprehensive, multi-method assessment
  - Combine tools like the ESB & MIGDAS-2 with other measures like the ABAS-3 and IQ testing, and include family interviews to gather a full picture of social, cognitive and adaptive functions
- Consider developmental history
  - Thorough understanding of early developmental milestones, regression patterns, and early history aids in diagnosis
- Strengths-based assessment
  - Use of strengths-based tools helps clinicians to see beyond symptoms and identify an individual's full potential





# Strategies to Improve ASD Identification in Females

- Refine diagnostic criteria
  - Intentionally incorporate more behaviors common in girls into diagnostic criteria (Happe & Frith, 2020)
- Continued education
  - Increase awareness of sex differences in behavior and presentation
- Multi-modal assessments
  - Follow a best practices approach to identifying ASD including behavioral observation, family report, school reports and tools that are sensitive to gender differences





# **Key Takeaways**

- Sex differences exist
  - Females are underdiagnosed for ASD for numerous reasons such as camouflaging of what are considered traditional symptoms and male-based bias in diagnostic criteria and many assessment instruments
  - Females with ASD often present with less overt symptoms, like anxiety or perfectionism
- Assessment is important
  - Holistic assessment will help to capture a more accurate portrayal of a person's symptoms
  - Tools like the ESB and MIGDAS-2 can be used together with gender-specific differences for ASD in mind to support evidence-based decision making in eligibility determinations





# Questions?

